

Ramona Zabriskie's

MARRIAGE MARKERS ASSESSMENT

Step 1: Begin by watching or listening to the Marriage Markers video lesson. The written assessment cannot be fully understood or maximized without first watching the video. **Step 2:** Answer the questions below in Part 1 or 2 as honestly as possible. **Step 3:** Use your answer to determine your Marker (and more) in Part 3.

PART 1

Directions: Though you may relate to more than one statement below, circle or underline the one statement that most closely represents how you feel toward your husband at this stage of your marriage. If you do not feel that any of the statements come close to an accurate description, move on to Part 2.

1. You are perfect for me.
2. You're not meeting my needs the way I thought you would.
3. I want you to be more the way I think you should be.
4. I am disappointed you are not meeting my expectations.
5. I want to respect you but I do not trust you.
6. I cannot support you.
7. You will never succeed.
8. I do not need you and can act without you.
9. There's a better life and man for me.

PART 2

Directions: If none of the statements in Part 1 describes how you currently feel toward your husband, select the one statement below that more closely represents how you feel.

10. I am trying to get to know you and get used to you.
11. I am learning to accept the differences between us.
12. Your needs and perspectives are as valid as mine.
13. For the most part, I actually appreciate the differences between us.
14. I feel a deep regard for you and for what's important to you.
15. I love feeling cherished by you, and am thrilled to partner in your progress.
16. It is my greatest joy to spend my life with you pursuing our mutual dreams.

Very good! Now go to Part 3 to identify your current Marker, see where your marriage is headed, and learn what you can do about it.

PART 3

Directions: Take your numbered answer from Part 1 or 2 of the Assessment and note the correlating Marker. Also note how your husband is feeling and where you are headed.

This entire Assessment is focused on the wife or the woman's side of the Road. See the video lesson for further explanation and disclaimers. The "WHAT TO DO" suggestions in the last column are also treated more in depth in the Marriage Markers video lesson. Go to knowthemarriagemarkers.com for that accompanying video lesson. The following is under strict copyright: Ramona Zabriskie 2013. No duplication, distribution, or sharing by electronic or any other means is allowed without the express written consent of the author.

YOUR ANSWER	YOUR CURRENT MARKER	HOW YOUR HUSBAND IS FEELING	WHERE YOU ARE HEADED	WHAT TO DO
1	IDEALIZING HIM	"You are my dream woman."	It depends on the next series of choices	Begin your Wife for Life education and avoid costly and painful mistakes. Make your next choices carefully.
2	DISILLUSIONMENT & DENIAL	"This relationship is taking more effort than I expected."	Towards Temporary	This stage is inevitable so don't beat yourself (or your husband) up. Wife for Life will give you what you need to reorient yourself: an understanding of his dreams, drives, and fears, as well as your own.
3	TRYING TO CHANGE HIM	"I need you to be happy."	Towards Temporary	Slow down and turn around. Head the other way now, before unproductive patterns of interacting become ingrained and are much harder to rectify. This is a perfect time to focus in on your Wife for Life education.
4	GETTING FRUSTRATED WITH HIM	"I thought I made you happy."	Towards Temporary	Pump the brakes and consider your trajectory. Wife for Life will help you identify the real reasons behind your frustration and will give you the insight you need to replace frustration with patience and confidence.
5	CONFUSING HIM	"I need you to at least respect me."	Towards Temporary	Make a full stop. Your pattern of interacting with your husband is disconnecting you from him <i>and</i> your dreams. Wife for Life will show you what is happening and teach you the skillset you need to reverse direction.
6	ANTAGONIZING HIM	"I'm tired of failing you (and you failing me)."	Towards Temporary	Slam on the brakes! This is a very dangerous stage to be in. There is still hope of saving your marriage if you will dive into Wife for Life principles with serious intent.

7	DISDAINING HIM	"I can't tolerate you."	Towards Temporary	Believe it or not, you don't have to throw in the towel just yet. A complete stop with an immediate focus on your Wife for Life education is your best hope for keeping you and your husband out of divorce court, and for reorienting you towards Forever.
8	SABOTAGING OR LEAVING HIM	"There is a safer place for me."	Towards Temporary	Most women have made up their minds here so there's probably no turning back at this point.
9	ALIENATION	"I will no longer be responsible to you or for you."	ALIENATION Animosity & Aloneness	Even if your relationship has ended, you can still learn Wife for Life to help make sense of what happened and to feel confident in a new relationship. (Women who have gone through divorce are so welcome at W4LU!)
10	GETTING USED TO	"I have hope that we can figure things out."	Towards Forever	Be patient. You need the long-range perspective Wife for Life will give you.
11	ACCOMMODATING	"I'm relieved I don't have to fight you."	Towards Forever	You're on the right track and just need to be persistent in learning and applying Wife for Life principles.
12	RESPECTING	"I appreciate how comfortable I feel with you."	Towards Forever	This is very hopeful. Wife for Life principles will teach you how to take your relationship to a more intimate level.
13	ENJOYING	"I think about you a lot and really want to be with you."	Towards Forever	This is a beautiful stage to be at, but you don't have to stop here. Wife for Life will open your eyes to the greater potential in your marriage and guide you there.
14	HONORING	"I aspire to be my best self for you."	Towards Forever	Congratulations. Your marriage is a truly mature one, but why not take it all the way to Grand? Wife for Life will show you how.
15	INSPIRING	"I cherish you and want to do whatever I can to facilitate your pursuits and dreams."	Towards Forever	Amazing. At this stage you have the greatest potential and opportunity for realizing your personal dreams while feeling loved and supported by your husband.
16	UNITY	"It is my greatest joy to spend my life pursuing our <i>mutual</i> dreams."	UNITY One-ness and Other-ness	Dreams do come true. You have created the ultimate partnership: a Grand Marriage. Now go and change the world – <i>together</i> .

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